

Year 1

Fall Semester

Course	Credit Hours
ENG 1301 Composition & Rhetoric	3
BIO 2301 Anatomy & Physiology I	3
BIO 2101 Anatomy & Physiology I Lab	1
MAT 1302 College Algebra	3
Fine Arts Requirement	Various
ASE 1111 Freshman Seminar	1
<b>Total Semester Hours #</b>	<b>11</b>

Spring Semester

Course	Credit Hours
ENG 1302 Composition & Literature	3
BIO 2302 Anatomy & Physiology II	3
BIO 2102 Anatomy & Physiology II Lab	1
REL 1311, 1312, 1313 or 1321	3
Social Literacy Course #1	Various
EXS 1300 Foundation of Exercise Science	3
<b>Total Semester Hours #</b>	<b>11</b>

Year 2

Fall Semester

Course	Credit Hours
ENG 23** Sophomore Level English	3
PHY 1410 Fund of Physics 1	4
PHY 1410L Fund of Physics 1 Lab	4
EXS 2301 Anatomical Basis of Movement	3
Social Literacy Course #2	Various
SPC 1301 Fundamentals of Speech	3

Spring Semester

Course	Credit Hours
EXS 23XX Lifetime Activities and Sports	3
EXS 2304 Data Collection & Analysis	3
EXS 3300 Biomechanics	3
EXS 3100 Biomechanics Laboratory	1
EDU 2100 Fund of Edu (2.5 GPA & THEA)	1
EXS 33XX Instructional Assessment Ele/Sec PE	3
EDU 1020 Child Abuse Awareness and Responsibilities Training (CAART)	0
EDU 1030 Bullying Awareness and Responsibilities Training (BART)	0

**Total Semester Hours #** 17

**Total Semester Hours #** 14

Year 3

Fall Semester

Course	Credit Hours
Social Literacy Course #3	Various
EXS 2203 First Aid	2
EXS 3304 Recreation Management	3
EXS 3316 Nutrition for Sport & Exercise	3
EXS 4310 Adapted Physical Education	3
<b>Total Semester Hours #</b>	<b>11</b>

Spring Semester

Course	Credit Hours
HUM 2340 or 2341 Wesleyan Experience	3
ATR 2307 Care of Ath. Inj.	3
EXS 23XX Teaching School Health K-12	3
EXS 3314 Principles of Coaching	3
EDU 4331 Diff. Instruction	3
<b>Total Semester Hours #</b>	<b>15</b>

Year 4

Fall Semester

Course	Credit Hours
EXS 2201 Elementary Methods in PE	2
EXS 21XX Elementary Methods in PE lab	1
EXS 3310 Fundamentals of Motor Development	2
EXS 4311 Physiology of Exercise	2
EXS 4111 Physiology of Exercise lab	1
EDU 3310 Studies in Multi Cultural Ed.	2
<b>Total Semester Hours #</b>	<b>10</b>

Spring Semester

Course	Credit Hours
HIS 2322 US History	3
EXS 1222 Outdoor Education	2
EXS 3320 Secondary Methods in PE	3
EXS 4122 Strength and Conditioning Lab	1
EXS 4322 Strength and Conditioning	3
RDG 4347 Reading in the Content Area	3
<b>Total Semester Hours #</b>	<b>15</b>