

Year 1

Fall Semester

Course	Credit Hours
ATTR 2205 Medical Terminology (ONLINE)	2
BIO 1340\1141 Anatomy & Physiology I & Lab	4
ENG 1301 Composition & Rhetoric	3
ASE 1111 Freshman Seminar	1
MAT 1302/1303/1324	3
Fine Arts Requirement	3
Total Credit Hours: 16	

Spring Semester

Course	Credit Hours
BIO 1341\1141 Anatomy & Physiology II & Lab	4
ENG 1302 Composition & Literature	3
EXS 1300 Foundations of Exercise Science	3
EXS Activity #1	1
REL 1311/1312/1313/1321	3
SPC 1301 Speech (Cultural Literacy Course)	3
Total Credit Hours: 17	

Summer Semester - Optional

Course	Credit Hours
EXS 2301 Anatomical Basis of Movement	
Total Credit Hours:	

Year 2

Fall Semester

Course	Credit Hours
BIO 1321\1121 Intro to Cell Biology & Lab	4
CHE 1315\1115 General Chemistry I & Lab	4
ENG 23XX Sophomore Level English	3
EXS 2203 First Aid	2
MAT 1303 Precalculus	3
Total Credit Hours: 16	

Spring Semester

Course	Credit Hours
EXS 2304 Data Collection & Analysis	3
EXS 3322 Fitness Assessment & Rx	3
BIO 1322\1122 Intro to Genetics & Lab	4
CHE 1316\1116 General Chemistry & Lab	4
MAT 1324 Calculus	3
Total Credit Hours: 17	

Summer Semester

Course	Credit Hours
HIS 2324 U.S. History	3
Social Literacy Course #1	3
Total Credit Hours: 6	

Year 3

Fall Semester

Course	Credit Hours
EXS 1220 Basic Concepts of Wellness	2
EXS 2301 Anatomical Basis of Movement	3
PHY 1401 University Phys I & Lab	4
PSY 2420\2420L Statistics & Lab	4
ATR 2307 Care of Athletic Injuries	3
Total Credit Hours: 16	

Spring Semester

Course	Credit Hours
EXS 3300\3100 Biomechanics & Lab	4
PSY 1301 General Psychology (Social lit course #2)	3
PHY 1402\1402L University Physics II & Lab	4
Social Literacy Course #3	3
EXS Activity #2	1
Total Credit Hours 15	

Summer Semester

Course	Credit Hours
Internship	3
Developmental Psych or Abnormal Psych	3
Total Credit Hours: 6	

Year 4

Fall Semester

Spring Semester

Course	Credit Hours	Course	Credit Hours
EXS 3310 Fundamentals of Motor Develop	3	EXS 3336 Sports Facilities	3
EXS 3316 Nutrition for Sports & Exercise	3	EXS 4322/4122 Strength and Conditioning & Laboratory	4
EXS 3326 Health Con. For Special Pops	3	EXS 4301 Issues in Sport Seminar	3
EXS 4310 Adapted Physical Education	3	EXS 4325 Sport Psychology	3
EXS 4311 Physiology of Exercise	3	HUM 2340 or 2341 – Wesleyan Experience	3
EXS 4111 Ex Phys Lab	1		
Total Credit Hours: 16		Total Credit Hours: 16	